

FALL 2024 THURSDAYS | 5:00 - 6:00 PM

Creative Expression Grief Group for Teens

- 8 Weeks, \$30 per session
- In person meeting in Echo Park
- Teens (14-17) of all genders who have lost a loved one
- Music, art, and talk therapy practices to explore the grief process

 Walk away with tools for coping and a sense of community

CONTACT:

jennifer@innerguidetherapyla.com www.innerguidetherapyla.com

Facilitator: Jennifer Romero, APCC (14412) Supervised by: Dr. Amanda Lomanov, PsyD (31901)